



# 2017 Patriots' Lacrosse Camp



**July 24th –July 27th**

Our 2017 Patriots' Lacrosse Camp will include lacrosse specific speed and agility, progression of fundamentals, small sided situations, and full field play. The coaching will be tailored to each individual's playing ability and challenge each player to advance their play to the next level. Our staff includes local high school coaches and past and current college players. The last half hour of each session will be reserved for small sided and full field play.

OPEN TO 9TH-12TH GRADERS OF ALL LEVELS AND FROM ALL SCHOOL DISTRICTS

## Details:

**When:** July 24th - 27th

**Who:** Any girls entering **9th-12th**  
grade (All levels of experience welcome)

**Time:** 4:30pm - 7:30pm

**Cost:** \$155

**Location:** Camp Topanemus  
380 Monmouth Rd, Freehold, NJ

## **All campers must bring:**

1. Mouth Guard
2. Girl's Lacrosse Stick
3. Goggles
4. Water

## To Register:

<http://www.limitlessfitnessnj.com/lacrosse.html>



For further questions, contact Patra Acquaviva @ 908-872-4646 or  
[Patra.Acquaviva@gmail.com](mailto:Patra.Acquaviva@gmail.com)